

Twin State Selections

Vermont senior all-stars who oppose New Hampshire's senior all-stars (discontinued after 2007 season)

- 1992 Dave Saddlemire, Vermont Assistant Coach
- 1993 Bryant Perry '93
Dave Saddlemire, Vermont Assistant Coach
- 1996 Tom Hergenrother '96
- 2000 Justin Bissonnette '00
Luke Laroche '00
- 2001 Jason Carey '01
- 2004 Mike Wasko '04

North-South Senior All-Star Classic Selections

- 2008 Kris Cauchon '08
- 2009 Tom Perry, North Assistant Coach
- 2010 Nick Barton '10
Shawn Place '10
Tom Perry, North Head Coach

All-League Selections

- 1985 Dave Monty '85All-Metro Honorable Mention
- 1987 Kevin Grabowski '88All-Metro (IF)
- 1988 Kevin Grabowski '88All-Metro (1B)
Mike Myers '88All-Metro Honorable Mention
- 1989 Scott Benoit '89All-Metro (OF)
Collin Frisbie '89All-Metro Honorable Mention
- 1990 Matt Weinheimer '90All-Metro Honorable Mention
- 1991 Jeff Pecor '92All-Metro Honorable Mention
- 1992 Bryant Perry '93All-Metro (IF)
Jeff Pecor '92All-Metro Honorable Mention
- 1993 Bryant Perry '93All-Metro (IF)
Nate Brubaker '93All-Metro Honorable Mention
- 1995 Dave SaddlemireMetro South Coach of the Year
Craig Bessette '95All-Metro South (IF)
Kenny Boucher '95All-Metro South (P)
Tom Dicesare '95All-Metro South (Utility)
Sean Murphy '95All-Metro South (OF)
D.J. Peters '95All-Metro South (OF)
Tom Belisle '95All-Metro Honorable Mention
- 1996 Tom Hergenrother '96Metro South Co-Player of the Year
Alan Hill '97All-Metro South (P)
Steve Wood '96All-Metro South (IF)
Scott Tomasi '96All-Metro Honorable Mention
- 1997 Travis Hilton '98All-Metro Honorable Mention
- 1998 Sean Chase '98All-Metro South (C)
Travis Hilton '98All-Metro South (IF)
Tom Klingebiel '98All-Metro Honorable Mention
- 1999 Mike Bouffard '99All-Metro South (C)
Nate Malley '99All-Metro South (IF)
Ty Pratt '00All-Metro South (OF)
Luke Laroche '00All-Metro Honorable Mention
- 2000 Justin Bissonnette '00All-Metro South (P/1B)
Luke Laroche '00All-Metro South (OF)
Ty Pratt '00All-Metro South (C)
Addie Dion '00All-Metro Honorable Mention
Travis Miles '00All-Metro Honorable Mention
- 2001 Jason Carey '01Metro North Player of the Year
Travis Clairmont '02All-Metro North (P/1B)
Andrew Folley '01All-Metro North (OF)
Jess Mattison '02All-Metro Honorable Mention
Jamie Moore '02All-Metro Honorable Mention
- 2002 Travis Clairmont '02All-Metro North (P)
Dusty Fregeau '03All-Metro Honorable Mention
Jess Mattison '02All-Metro Honorable Mention
- 2003 Joel Bissonnette '03All-Metro Second Team (1B)
Drew Sumner '03All-Metro Honorable Mention
Mike Wasko '04All-Metro Honorable Mention

- 2004 Mike Wasko '04All-Metro First Team (IF)
Kyle Burkhard '04All-Metro Honorable Mention
Joey Goldsbury '06All-Metro Honorable Mention
- 2005 Curtis White '06All-Metro First Team (C)
Joey Doud '05All-Metro Honorable Mention
Mickey Merola '07All-Metro Honorable Mention
- 2006 Sean Burns '07All-Metro First Team (IF)
Joey Goldsbury '06All-Metro Honorable Mention
Lance Nichols '07All-Metro Honorable Mention
- 2007 Sean Burns '07All-Metro First Team (IF)
Mickey Merola '07All-Metro First Team (IF)
Kris Cauchon '08All-Metro Honorable Mention
Bryan Johnson '07All-Metro Honorable Mention
- 2008 Kris Cauchon '08All-Metro First Team (IF)
Galen Doud '08All-Metro First Team (1B)
Corey Juckett '08All-Metro Second Team (OF)
Tom Critchlow '08All-Metro Honorable Mention
Spencer Dandurand '10All-Metro Honorable Mention
- 2009 Spencer Dandurand '10All-Metro First Team (P)
Nick Barton '10All-Metro Honorable Mention
Brian McGary '09All-Metro Honorable Mention
- 2010 Nick Barton '10All-Metro First Team (C)
Spencer Dandurand '10All-Metro First Team (P)
Jared Cayia '12All-Metro Second Team (DH)
Ryan Crowley '11All-Metro Second Team (IF)
Andrew Cootware '11All-Metro Honorable Mention
Shawn Place '10All-Metro Honorable Mention
- 2011 Tom PerryMetro Coach of the Year
Ryan Crowley '11All-Metro First Team (C)
Matt Ravey '11All-Metro First Team (P)
Matt Roy '12All-Metro First Team (IF)
Zach Tandy '12All-Metro First Team (P)
Andrew Cootware '11All-Metro Second Team (IF)
Jared Cayia '12All-Metro Honorable Mention
Tommy Vaux '11All-Metro Honorable Mention
- 2012 Jared Cayia '12All-Metro First Team (OF)
Matt Roy '12All-Metro First Team (IF)
Zach Tandy '12All-Metro First Team (P)
Cory Benoit '13All-Metro Second Team (IF)
Colin Burns '12All-Metro Second Team (OF)
Sean Callahan '13All-Metro Second Team (P)
Devin Dessormeau '13All-Metro Honorable Mention
David LaCroix '13All-Metro Honorable Mention
- 2013 Sean Callahan '13All-Metro First Team (P)
David LaCroix '13All-Metro First Team (OF)
Cory Benoit '13All-Metro Second Team (2B)
Devin Dessormeau '13All-Metro Second Team (P)
Josh Rylant '13All-Metro Second Team (3B)
Brandon Arel '15All-Metro Honorable Mention
Cassidy Moore '14All-Metro Honorable Mention
- 2014 Pat McHugh '15All-Metro Honorable Mention
Derek Sanderson '16All-Metro Honorable Mention
- 2015 Brandon Arel '15All-Metro First Team (OF)
Derek Sanderson '16All-Metro First Team (P)
Rob Chase '15All-Metro Second Team (P)
Jared Antoniak '15All-Metro Honorable Mention
Jared Rylant '15All-Metro Honorable Mention
- 2016 Derek Sanderson '16All-Metro First Team (P)
Tom Vesosky '18All-Metro First Team (OF)
Andrew Lynch '16All-Metro Second Team (P)
Jordan Bell '17All-Metro Honorable Mention
Tyler Peacock '16All-Metro Honorable Mention